

Cleaning Your Devices

The devices may be cleaned after each use. **STERILE** water can be used for rinsing.

Scan for more
information:



WASH BY HAND

1. Disassemble equipment.
2. Soak in warm water and liquid dish detergent for 5 -15 minutes.
3. Agitate gently.
4. Rinse in clean, warm water and allow to air dry.

OR

DISHWASHER CYCLE

1. Secure disassembled parts in a basket and place on the top rack of a dishwasher.
2. Wash in a normal wash cycle with detergent and a rinse aid (e.g. Jet Dry[†]).
3. Dishwashing with overly dirty dishes is **not** recommended
4. Allow to air dry.

NOTE

Tap water can be high in minerals which may result in scale build-up on the device.
Once or twice a month soak the disassembled nebulizer or OPEP device in a solution of 1 cup vinegar and 1 cup of water for 1 hour, then wash as normal.



CAUTION

Do not soak, wash, or disinfect the manometer gauge.
Simply remove from stem and wipe down.

AEROECLIPSE® XL R BAN® Nebulizer



Replace Device
Every 6 Months

AEROBIKA® OPEP Device with Manometer Accessory



Replace Device
Every 12 Months*

AEROBIKA® OPEP Device



Replace Device
Every 12 Months

Disinfect Devices After They Have Been Cleaned

The devices may be disinfected once each treatment day. **STERILE** water can be used for rinsing.

BOIL

1. Place individual parts in the water once it has reached the boiling point.
Parts may be boiled up to 15 minutes (*excludes nebulizer tubing and manometer gauge*).
2. Remove from water and allow to cool and air dry.

OR

BLEACH

1. Soak disassembled parts in 1:50 bleach to water solution (approximately 1 tablespoon bleach in 3¼ cups water) for 3 minutes (*excludes nebulizer tubing and manometer gauge*).
2. Rinse well with clean water and allow to air dry.
3. You may substitute a respiratory equipment disinfectant (such as Milton[†], Dodie[†] or Control III[†]) for the bleach solution by following the manufacturer's instructions for use.

OR

MICROWAVE STEAM BAG

1. Place individual parts (*excluding nebulizer tubing and manometer gauge*) in the steam cleaning bag.
2. Place the bag in the microwave and follow the manufacturer's instructions for use.
3. Remove from bag and allow pieces to cool and air dry.

OR

VINEGAR SOAK (*Not recommended for high level disinfection*)

1. Soak disassembled parts in 1:3 vinegar to water solution (approximately 1 cup vinegar to 3 cups water) for 1 hour (*excludes nebulizer tubing and manometer gauge*).
2. Rinse well with clean water and allow to air dry.



CAUTION

Do not soak, wash, or disinfect the manometer gauge. Simply remove from stem and wipe down.

Additional Methods to Disinfect AEROBIKA® OPEP Devices

SOAK

1. Soak disassembled parts in 70% isopropyl alcohol for 5 minutes or in 3% hydrogen peroxide for 30 minutes (*excludes manometer gauge*).
2. Rinse well with clean water and allow to air dry.



Additional Method to Disinfect the AEROECLIPSE® XL R BAN® Nebulizer

ELECTRONIC STEAM STERILIZER

1. Place individual parts (*excluding nebulizer tubing*) in an electronic steam sterilizer for baby bottles, following the manufacturer's instructions for use.
2. The disinfection cycle should last approximately 15 minutes.
3. Remove and allow parts to cool and air dry.

These are abbreviated instructions for cleaning and disinfection, please remember to read the complete instructions that are packaged with your AEROECLIPSE® XL R BAN® Nebulizer and/or AEROBIKA® OPEP device.

Words or phrases accompanied by ™ and ® are trademarks and registered trademarks of Monaghan Medical Corporation or an affiliate of Monaghan Medical Corporation. † Trademarks of the respective companies.

© 2025 Monaghan Medical Corporation. P/N 70004-00, 07/2025



Monaghan Medical Corporation
monaghanmed.com
Plattsburgh, NY 12901

518.561.7330 **phone**
800.833.9653 **tollfree**