

## monaghan means it matters®

## ABBREVIATED SET-UP STEPS

Remove the mouthpiece from the AEROBIKA® OPEP device and replace with the manometer adapter.

2 Insert the backpiece of the VersaPAP® device onto the other port of the AEROBIKA® OPEP device.

Securely connect the EZ TWIST Tubing to the Air Supply Connection and the flow meter.

## ABBREVIATED USE INSTRUCTIONS

1 Turn on the flow meter to 5 lpm (flow range is 5-15 lpm).

2 Inhale deeply and then exhale for 3-4 times longer than on inhalation. Use the manometer gauge to adjust flow or resistance to maintain a pressure between  $15-20 \text{ cm H}_2\text{O}$ .

Inhale and exhale for the prescribed amount of time. Perform 2–3 huff coughs for every 10-20 breaths.



		Therapy Selection	PEP	OPEP	PAP	OPEP+ PAP
	Ventilation	Recruits collapsed airways (prevent/reduce atelectasis)	•	•		•
		Reduces hyperinflation	•	•	•	•
		Augments inspiratory flow to achieve larger tidal volumes			•	•
		Maintains positive pressure on inspiration			•	•
	Airway Clearance	Maintains positive pressure on expiration	•	•	•	•
		Gets air behind secretions (mobilization)	•	•	•	•
		Changes properties of secretions		•		•
	Aerosol Delivery	Improves aerosol delivery (due to open airways and decreased secretions)	•	•	•	•
		Minimal drug loss when used concurrently with aerosol delivery		•		
	Other	Provides oxygen therapy			•	•

4 Repeat combination therapy as directed.

These are abbreviated instructions for use.

Please remember to read the complete instructions packaged with your AEROBIKA® OPEP and VersaPAP® devices.

Monaghan Medical Corporation Plattsburgh, NY 12901

518.561.7330 phone 800.833.9653 toll free 518.561.5088 fax This device has not been made (or manufactured) with BPA (Bisphenol A) or Natural Rubber Latex.

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