



## The Monaghan Advantage

- ❖ 39% reduction in all-cause readmissions at 30 days ( $p=0.042$ ).<sup>2</sup>
- ❖ 52% reduction in readmission length of stay ( $p=0.047$ ) and 80% lower hospitalization costs ( $p=0.001$ ).<sup>2</sup>
- ❖ Adjustable settings to meet each patient's needs; pressure levels easily monitored.
- ❖ No-side effects or drug interactions.
- ❖ Easy-to-use for enhanced compliance.
- ❖ FDA Cleared for combination therapy with nebulizer treatments.

## YOUR NEW OPTION FOR REDUCING PPCs: AEROBIKA® (OPEP) DEVICE WITH MANOMETER ADAPTER

Thirty percent of postoperative pulmonary complications are associated with sputum retention.<sup>1</sup> The AEROBIKA® Oscillating Positive Expiratory Pressure (OPEP) device opens weak or collapsed airways by simultaneously creating expiratory positive pressure and oscillations, which together help move mucus to the central airways where it can be coughed out. Upper abdominal and thoracic surgical patients are especially at-risk for postoperative pulmonary complications, and may benefit from airway clearance therapy.

RELIABLE,  
DRUG FREE,  
NATURAL  
AIRWAY  
CLEARANCE

## THE FACTS

For patients given an AEROBIKA® OPEP device prior to discharge for the primary stay, fewer of these patient were readmitted within 30 days, they stayed for a shorter length of time and had lower overall costs for the readmission.<sup>2</sup>

A proprietary, dynamic design that simultaneously delivers intermittent expiratory pressure and oscillations. This helps keep open weak or collapsed airways while assisting normal mucociliary action.

Operation is not position dependent, allowing the user to hold the device in the most comfortable position.



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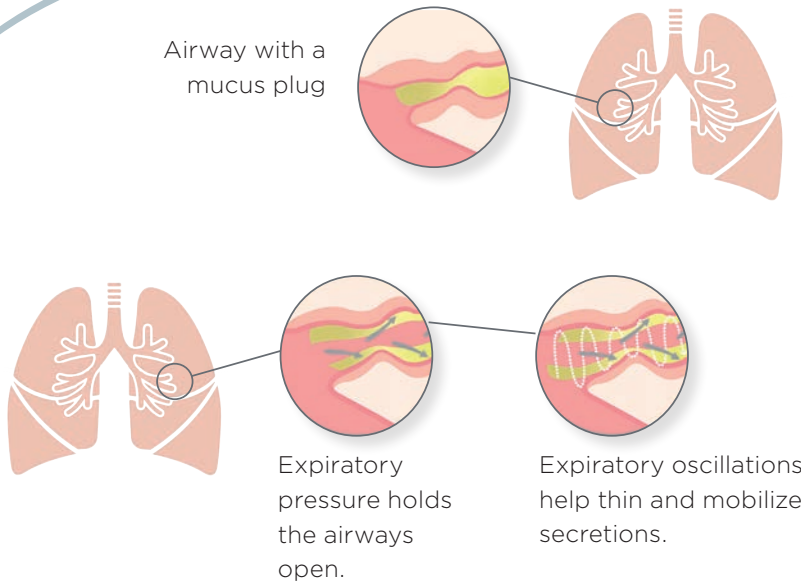
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## THE FACTS (continued)

Aside from surgical site and duration of surgery ( $\geq 3$  hours), patients at increased risk are those over 50 years of age, current smokers, those with functional dependence, and/or having a history of COPD or congestive heart failure.<sup>3</sup>

### REFERENCES

1. Bonde P, McManus K, McAnespie M, McGuigan J. Lung surgery: identifying the subgroup at risk for sputum retention. *European Journal of Cardio-thoracic Surgery* 2002;22:18-22.
2. Burudpakdee C, et al. *Pulmonary Therapy* 2018;4(1):87-101.
3. Branson R. The Scientific Basis for Post-operative Respiratory Care. *Respir Care* 2013;58(11):1974-1984.



## CLEANING IS EASY

- Designed for 12 months of use in the clinic, hospital or at home.
- Dishwasher safe and designed for correct reassembly, the AEROBIKA® OPEP device easily transitions with the patient from hospital to home.

## ORDERING INFORMATION

PART #	NAME/DESCRIPTION	UNITS PER CASE
62510	AEROBIKA® Oscillating Positive Expiratory Pressure (OPEP) Therapy System	cs/10
62610	AEROBIKA® Oscillating Positive Expiratory Pressure (OPEP) Therapy System w/Manometer	cs/10
62100	AEROBIKA® Oscillating Positive Expiratory Pressure (OPEP) Therapy System	cs/100



Contact your Monaghan Sales Territory Manager for more information or a demonstration.

