

### What is a Nebulizer?

A nebulizer is a medical device designed to work with a compressed air source to convert liquid medication into a fine mist so it can be inhaled directly into the lungs. You may need nebulizer treatments if you have asthma or lung diseases, such as cystic fibrosis or COPD.

If you have questions about the prescribed medication inside the nebulizer, please talk to your health care provider.



## AEROECLIPSE<sup>®</sup> XL REUSABLE (R) BAN AND OMBRA<sup>®</sup> COMPRESSOR



### What makes the AEROECLIPSE<sup>®</sup> XL R Breath Actuated Nebulizer (BAN) different?

With breath actuated delivery, aerosol is only produced when you breathe in. This means medication is not wasted between breaths or if you need to take a break (for example if you need to cough or have a conversation). This puts you in control of your aerosol treatment and creates a safer home environment.

### Setting up for your nebulizer treatment\*

These simple steps will ensure you get the most out of your nebulizer treatment. Make sure to wash your hands well before you start your treatment.

- 1 Inspect your nebulizer and ensure the exhalation valve on the mouthpiece is pointing down.
- 2 Place your compressor on a clean, flat surface or table top.
- 3 Carefully place prescribed medication into the nebulizer cup and replace the nebulizer top.
- 4 Securely connect the EZ TWIST Tubing to the bottom of the nebulizer and the other end to the air outlet on your compressor. Ensure you keep your nebulizer upright so the medication does not spill.

\*Please remember to read the complete instructions packaged with your device.



### Taking your nebulizer treatment

- 1 In a comfortably seated position, switch on your compressor.
- 2 Place the mouthpiece in your mouth, ensuring your lips are sealed around the edge but aren't covering the exhalation valve. If you are using a mask, place securely over the nose and mouth, ensuring a good seal.
- 3 Breathe in slowly and deeply, then exhale normally through the device. Always ensure a good seal around the mouthpiece (or mask).
- 4 Continue taking slow, deep breaths until the noise created by the device changes - sometimes referred to as 'sputter'.
- 5 When your treatment is complete, switch off your compressor.

### Cleaning your nebulizer

- 1 Clean your nebulizer after each use and disinfect it at least once every other treatment day.
- 2 Allow parts to dry thoroughly before reassembling. Store all parts together in a dry, dust-free place.

| Medication | Dose | How Often to Take (1x day; 2x day) | Purpose of Medication |
|------------|------|------------------------------------|-----------------------|
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