



## The Monaghan Advantage

- ❖ 28% reduction in COPD exacerbation readmissions<sup>1</sup>
- ❖ 39% reduction in all-cause rehospitalizations and shorter length of stay<sup>2</sup>
- ❖ Convenient, user-friendly device for reliable airway clearance
- ❖ Decreases cough frequency and breathlessness<sup>3</sup>
- ❖ Increases exercise tolerance<sup>3</sup>
- ❖ Aligns with hospital cost reduction and COPD management programs
- ❖ Not made or manufactured with natural rubber latex, phthalates, lead or PVC
- ❖ Designed and manufactured in North America

## AEROBIKA® (OPEP)

The AEROBIKA® Oscillating Positive Expiratory Pressure (OPEP) Therapy System is a convenient, user-friendly device that provides clinicians and their patients with a means for reliable, drug-free, natural airway clearance.

The AEROBIKA® OPEP system opens weak or collapsed airways by creating positive pressure and oscillations simultaneously, which helps move mucus to the upper airways where it can be coughed out. Clinical research has shown that use of the device improves the ability of a patient to bring up mucus, decreases cough frequency and breathlessness, and increases exercise tolerance, resulting in an enhanced quality of life.<sup>3,4</sup>

## THE FACTS

**Proprietary pressure-oscillation dynamic delivers intermittent resistance and creates positive pressure and oscillations simultaneously. This opens weak or collapsed airways to mobilize and assist mucociliary clearance to the upper airways, where it can be coughed out.**

**Resistance is not position dependent, allowing the user to hold the device in the most natural position.**

**Five resistance settings allow the device to accommodate the lung capacity of most patients, resulting in the need to stock only one device.**

RELIABLE,  
DRUG-FREE,  
NATURAL  
AIRWAY  
CLEARANCE



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## THE FACTS (continued)

**Supports hospital COPD management protocols to avoid costly readmissions and increased length of stay from acute exacerbations of COPD.<sup>5</sup>**

### REFERENCES

1. Burudpakdee *et al.* Pulmonary Therapy 2017; 3(1): 163-171.
2. Burudpakdee *et al.* Pulmonary Therapy 2018;4(1):87-101.
3. Svenningsen *et al.* Oscillating positive expiratory pressure therapy in chronic obstructive pulmonary disease and bronchiectasis. Eur Resp J 2014;44 (Suppl 58):P3679.
4. Perry RJ, Smaldone GC. Journal of Aerosol Medicine 1990;3(3):187-196.
5. Young *et al.* Am J. Respir Crit Care Med 2014;189:A5943.

Designed to promote correct reassembly every time

Standard 22 mm fitting accommodates small volume nebulizers, including the AeroEclipse® II Breath Actuated Nebulizer (BAN)

Lightweight, ergonomic design fits comfortably in the hand



Low-resistance valve allows inhalation and exhalation without removing from mouth

Five resistance settings adjust to each patient's capacity

## CLEANING IS EASY

- Designed for 12 months of use at home, clinic or hospital environment
- Dishwasher safe and designed to promote correct reassembly, the AEROBIKA® OPEP device easily transitions from hospital to compliant patient use at home.

## ORDERING INFORMATION

PART #	NAME/DESCRIPTION	UNITS PER CASE
62510	AEROBIKA® Oscillating Positive Expiratory Pressure (OPEP) Therapy System	cs/10
62610	AEROBIKA® Oscillating Positive Expiratory Pressure (OPEP) Therapy System w/Manometer	cs/10

Contact your Monaghan Sales Territory Manager for more information or a demonstration.

