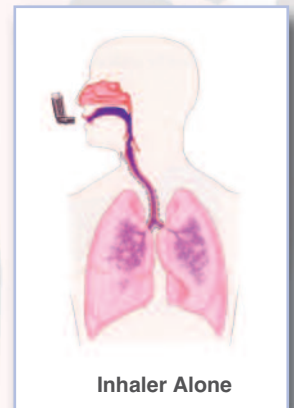


Below, please find abbreviated instructions, but please remember to read the instructions that are packaged with your **AeroChamber Plus<sup>®</sup> Z STAT<sup>®</sup>** anti-static Valved Holding Chamber (aVHC) device.

- 1 Remove cap from the MDI and chamber. *Before use, ensure the instructions supplied with the MDI have been read.*
- 2 Shake the MDI immediately before each use. Insert the MDI into the backpiece of the aVHC.
- 3 Put mouthpiece into mouth and close lips around it to ensure effective seal.
- 4 Breathe out gently and depress the MDI at the beginning of a slow inhalation. Breathe in slowly and deeply through the mouth until a full breath has been taken. **Administer one (1) puff at a time.**
- 5 Hold breath for 5-10 seconds, if possible. Otherwise keep lips tight on the mouthpiece to maintain seal for 2-3 breaths after MDI is depressed.
- 6 Slow down inhalation if you hear the **FLOWSignal<sup>®</sup>** Whistle sound.
- 7 Follow instructions supplied with MDI on how long to wait before repeating instructions.



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